

Make Every Day Count

By Kenneth E. Spence

As internal auditors, we are often seen by those in our organizations as critical and judgmental types. We are misunderstood. Actually, we enjoy making things work better. Most internal auditors I have met like the challenge of learning how processes work—determining what works well and not so well. In a sense, auditors are a bit like a tinkerer who delights in taking things apart to see what makes them tick and fix what might be broken.

To live successfully, we need to adopt a similar approach with our personal lives. Evaluate, and decide what it is that you really want for your life. After you weigh the costs and have decided upon change, then it is necessary to go after your goal determinedly. Yes, you can expect to encounter problems along the way. As philosopher and author Alfred Montapert said, “Expect problems and eat them for breakfast.”

Legendary basketball coach John Wooden encouraged his players and others to “Make every day your masterpiece.” His mantra is within your grasp. Your life is a representation of the plans and decisions you make and the applied discipline to bring them to pass. You are the only person responsible for building a life that is worthwhile, and that comes from turning your dream into a plan and acting on it. There are many dreamers and fewer people of action.

Consistent, everyday good decisions and self-discipline are what transport you from here to your dream. These validate what you want to become. They make every day count on your journey of personal and professional change.

Any professional athletes you see on the field or court are not there solely based on their talent, but because they combined it with years of prudent decisions and the unwavering discipline necessary to convert their dream into reality.

Montapert drills this point home through this perspicacious observation: “Nobody ever did, or ever will, escape the consequences of his choices.” Every day is important, brimming with personal options.

To improve your professional career, make the decision to always read each issue of *New Perspectives* from cover to cover. We hope that our outstanding authors always make your diligence a pleasure, but you may need to discipline yourself to take the time. You’ll be a better professional and person for your commitment. It’s a great choice.

I wish you good reading and a successful journey of making every day count. **NP**



New Perspectives

Published by AHIA, Inc.

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